

بسم الله الرحمن الرحيم



کتابخانه مرکزی

راهنمای استفاده از up to date

تهیه کننده: ناهید حسینی چگنی

۱۳۹۹

- یکی از معتبرترین منابع اطلاعاتی بالینی جهان است.
- پایگاهی جامع و بروز است.
- جهت پزشکان و بیماران و کلا کادر درمان کاربرد دارد.

تخصص های موضوعی پوشش داده شده در پایگاه

- [Allergy and Immunology](#)
- [Anesthesiology](#)
- [Cardiovascular Medicine](#)
- [Dermatology](#)
- [Emergency Medicine \(Adult and Pediatric\)](#)
- [Endocrinology and Diabetes](#)
- [Family Medicine and General Practice](#)
- [Gastroenterology and Hepatology](#)
- [General Surgery](#)
- [Geriatrics](#)
- [Hematology](#)
- [Hospital Medicine](#)
- [Infectious Diseases](#)
- [Nephrology and Hypertension](#)
- [Neurology](#)
- [Obstetrics, Gynecology and Women's Health](#)
- [Oncology](#)
- [Palliative Care](#)
- [Pediatrics](#)
- [Primary Care \(Adult\)](#)
- [Primary Care Sports Medicine \(Adolescents and Adults\)](#)
- [Psychiatry](#)
- [Pulmonary and Critical Care Medicine](#)
- [Rheumatology](#)
- [Sleep Medicine](#)

دسترسی به پایگاه

۱. از لوگو یا لینک up-to-date در پورتال دیجیتال دانشگاه

The screenshot shows a digital portal with a navigation bar at the top containing links for 'خدمات الکترونیک', 'مدیریت ما', 'بیمارستانها', 'مراکز آموزشی درمانی', 'شبکه ها', 'مراکز تحقیقاتی', 'دانشکده ها', and 'حوزه ریاست'. Below the navigation bar, there is a section titled 'دسترسی از داخل دانشگاه (منابع دیجیتالی)' with a decorative icon. Underneath, a heading reads 'دسترسی از داخل دانشگاه (منابع دیجیتال)'. Below this, a sub-heading says 'بایگه های اطلاعاتی جامع comprehensive database'. A grid of logos for various databases is displayed, including PubMed, Google scholar, Web of Science, ULRICHSWEB™ GLOBAL SERIALS DIRECTORY, ProQuest, Scopus, JCR Journal Citation Report, InCites Essential Science Indicators (ESI), Ovid®, Cochrane Library, UpToDate®, and ClinicalKey®. A red arrow points to the UpToDate logo. Below the grid, there is a section for 'نشریات الکترونیکی E-Journal' with logos for ScienceDirect, Springer, WILEY ONLINE LIBRARY, ProQuest, Ovid, ClinicalKey®, SAGE, The NEW ENGLAND JOURNAL of MEDICINE, and BMJ Journals.

مقیاس های پزشکی

تداخلات دارویی

برای تغییر زبان از این گزینه استفاده شود

lib.uto. /contents/search

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Contents Calculators Drug Interactions

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COVID-19 Information

- Clinical topics
- Society guidelines
- Patient education
- Questions and answers
- UpToDate Pathways

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lib.uto.do.ir/contents/search

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Search UpToDate

heart disease prevention

COVID-19 Information

- Clinical topics
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نتیجه جستجو

lib.utdo.ir/contents/search?search=heart%20disease%20prevention&sp=0&searchType=PLAIN_TEXT&source=USER_INPUT&searchControl=TOP_PULLDOWN&se...

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Showing results for heart disease prevention

All Adult Pediatric Patient Graphics

فیلتر کردن نتیجه جستجو بر اساس بزرگسال، کودک، بیمار، گرافیک

Overview of the prevention of secondary coronary disease
... hemorrhage, and breast cancer. In primary prevention, modification of multiple major risk factors will produce additive reductions in risk of coronary heart disease (CHD) and stroke. A European prospective ...
Summary and recommendations

Overview of sudden cardiac arrest and sudden cardiac death
... those for coronary heart disease. The approach to primary prevention of SCD varies according to a patient clinical profile. For the general population without known cardiac disease: Apart from standard ...
Ischemic heart disease
Coronary heart disease
Summary and recommendations

Management and prevention of rheumatic heart disease
... commencement of secondary prophylaxis. The duration of prophylactic antibiotic administration for secondary prevention of ARF is adjusted depending upon the severity of rheumatic heart disease (RHD) as outlined ...
Prevention
Pregnancy
Summary and recommendations

Society guideline links: Secondary prevention of cardiovascular disease
... and CSANZ. Reducing risk in heart disease - An expert guide to clinical practice for secondary prevention of coronary heart disease (2012) National Vascular Disease Prevention Alliance (NVDPA): Guidelines ...

Clinical manifestations and diagnosis of rheumatic heart disease
... pathogenesis, diagnosis, treatment, and prevention of acute rheumatic fever are discussed separately. RHD is by far the most important form of acquired heart disease in children and young adults living ...

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نتیجه جستجوی گرافیک

lib.utdo.ir/contents/search?search=heart%20disease%20prevention&sp=4&searchType=GRAPHICS&source=USER_PREF&searchControl=TOP_PULLDOWN&sear...

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Showing results for heart disease prevention

All Adult Pediatric Patient Graphics

Recommendations for antibiotic prophylaxis in dermatologic surgery

Approach to the initial management of purulent/fluctuant SSTI in

Initial management of undifferentiated shock in children receiving care in

Approach to management of drainable abscess or skin infection with

Protocol for newborn pulse oximetry screening for critical congenital

Preoperative cardiac risk assessment for determining the need for

Pediatric tachycardia without shock

Evaluation of child with an irregular heart rhythm

Initial approach to the child with tachycardia*

Approach to treatment in patients with premature ventricular complexes

Maintenance of sinus rhythm

Follow-up for hypertrophic cardiomyopathy (HCM)

Approach to pediatric nontraumatic chest pain

Management of acute PPIES episode at a medical facility*

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انتقال گرافیک روی پاور

پوینت به همرا ذکر منبع

UpToDate® head, disease prevention

University of Medical Sciences

Contents **Export to Powerpoint** Full View Feedback

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Approach to the initial management of purulent/fluctuant SSTI in children older than 28 days

Child presents with purulent or fluctuant SSTI (abscess, furuncle, carbuncle, purulent cellulitis)
Perform I & D (if possible)* or apply moist heat to lesions not amenable to I & D
Provide systemic antibiotic therapy

Does the child have any of the following indications for hospitalization?
• Systemic findings (fever >38°C [100.4°F], hypotension, tachycardia)
• Rapid progression of erythema
• Underlying problems that increase risk of poor response or complications
• Progression of clinical findings after 48 hours of oral therapy
• Inability to tolerate oral medications
• SSTI near implanted device

Yes
Hospitalize for empiric parenteral therapy for MRSA with one of the following:
• Clindamycin IV
• Vancomycin IV
• Vancomycin IV plus either nafcillin or oxacillin IV (if child is hemodynamically unstable)
The IV regimen can be switched to an oral regimen with activity against MRSA once signs of infection are resolving

No
Does the child have any of the following indications for initial parenteral therapy (first one or two doses)?
• Multiple sites of infection
• Age <5 years and abscess of the face, hand, or perineum
• Age 29 days through 11 months and SSTI ≥3 cm (1.2 inches) in diameter or age 12 months through 4 years and SSTI ≥4 cm (1.6 inches) in diameter

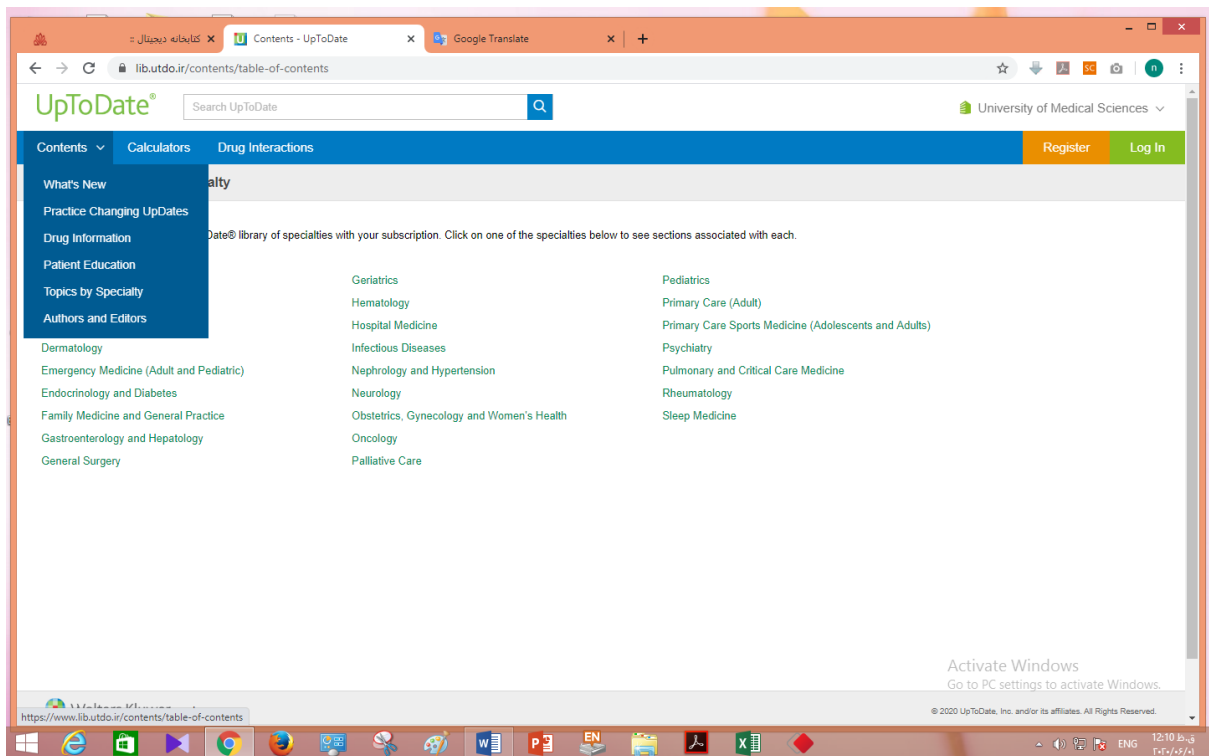
Yes
High local prevalence of MRSA?
• High local prevalence of MRSA?
• SSTI of the face, hand, or perineum in a child ≥5 years

No
Provide oral antibiotic therapy
Either of the following?
• High local prevalence of MRSA?
• SSTI of the face, hand, or perineum in a child ≥5 years

APPEARS IN TOPICS:
Please view graphics in the context of the topic in which they appear below.

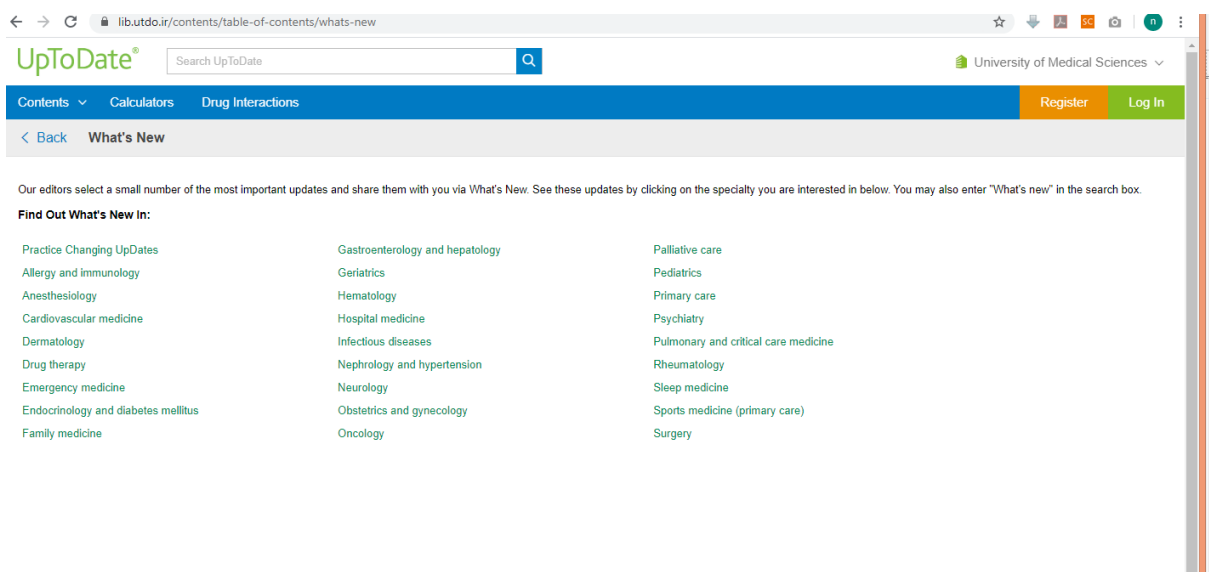
- Suspected *Staphylococcus aureus* and streptococcal skin and soft tissue infections in children >28 days: Evaluation and management

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What's new

خالصه ای از مهم ترین یافته های جدید بر اساس تخصص



Practice Changing UpDates

توصیه های خاص و جدید در خصوص عملکردهای بالینی

The screenshot shows the UpToDate website interface. The browser address bar displays 'lib.utoo.ir/contents/practice-changing-updates'. The UpToDate logo and search bar are at the top left. The navigation bar includes 'Contents', 'Calculators', and 'Drug Interactions'. The page title is 'Practice Changing UpDates' and the author is 'April F Eichler, MD, MPH'. The page is dated 'May 2020' and was last updated on 'May 26, 2020'. The page content includes an introduction and a section on 'Remdesivir in COVID-19'.

Practice Changing UpDates

Author: April F Eichler, MD, MPH

Contributor Disclosures

All topics are updated as new evidence becomes available. This topic review is complete.

Literature review current through: May 2020. | This topic last updated: May 26, 2020.

INTRODUCTION

This section highlights selected specific new recommendations and/or updates that we anticipate may change usual clinical practice. Practice Changing UpDates focus on changes that may have significant and broad impact on practice, and therefore do not represent all updates that affect practice. These Practice Changing UpDates, reflecting important changes to UpToDate over the past year, are presented chronologically, and are discussed in greater detail in the identified topic reviews.

INFECTIOUS DISEASES (May 2020)

Remdesivir in COVID-19

- For hospitalized patients with severe COVID-19, we recommend [remdesivir](#), if available (**Grade 1B**).

[Remdesivir](#) is an investigational antiviral agent under evaluation for COVID-19. In a preliminary report of a multinational trial of >1000 patients with confirmed COVID-19 and pulmonary involvement, remdesivir resulted in faster time to recovery (median 11 versus 15 days with placebo); a trend towards lower mortality was not statistically significant (7 versus 12 percent) [1]. The most evident benefit was in patients who had severe illness (hypoxia or need for supplemental oxygen) but were not yet intubated. In contrast, in a randomized trial

Drug information

The screenshot shows the UpToDate website interface. The browser address bar displays 'lib.uto.do.ir/contents/table-of-contents/drug-information'. The UpToDate logo and a search bar are at the top. A navigation menu includes 'Contents', 'Calculators', and 'Drug Interactions'. The 'Drug Information' section is active, with a 'Back' link. Below the navigation, a message states: 'You receive the entire UpToDate library of specialties with your subscription. Click on a section below to view a detailed list of topics associated with that particular section. If you'd like to see the table of contents for other specialties, click here.' A grid of links is shown, with 'Patient Education' circled in red. Other links include 'General drug information', 'International drug information (concise)', 'Patient drug information', 'Pediatric drug information', and 'What's new in drug therapy'. The footer contains 'Wolters Kluwer', 'Language', 'Activate Windows', and copyright information.

Patient Education

آموزش به بیمار در دو سطح ابتدایی (مختصر و به زبان ساده) و پیشرفته (مفصل و تخصصی) در پایگاه موجود است.

Patient Education

UpToDate offers two levels of content for patients:

- **The Basics** are short overviews. They are written in accordance with plain language principles and answer the four or five most important questions a person might have about a medical problem.
- **Beyond the Basics** are longer, more detailed reviews. They are best for readers who want detailed information and are comfortable with some medical terminology.

Learn more about UpToDate's patient education materials.



This site complies with the HONcode standard for trustworthy health information: verify here.

To browse the available patient education topics in UpToDate, click on a category below.

Allergies and asthma	Ear, nose, and throat	Lung disease
Arthritis	Eyes and vision	Men's health issues
Autoimmune disease	Gastrointestinal system	Mental health
Blood disorders	General health	Pregnancy and childbirth
Bones, joints, and muscles	Heart and blood vessel disease	Senior health
Brain and nerves	HIV and AIDS	Skin, hair, and nails
Cancer	Hormones	Sleep
Children's health	Infections and vaccines	Surgery
Diabetes	Kidneys and urinary system	Travel health
Diet and weight	Liver disease	Women's health issues

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Authors and Editors

در هر حوزه موضوعی لیست نویسندگان و ویراستاران قابل نمایش است.

Allergy and Immunology	General Surgery	Patient Education
Anesthesiology	Geriatrics	Pediatrics
Calculators	Hematology	Primary Care (Adult)
Cardiovascular Medicine	Hospital Medicine	Primary Care Sports Medicine (Adolescents and Adults)
Dermatology	Infectious Diseases	Psychiatry
Drug Information	Nephrology and Hypertension	Pulmonary and Critical Care Medicine
Emergency Medicine (Adult and Pediatric)	Neurology	Rheumatology
Endocrinology and Diabetes	Obstetrics, Gynecology and Women's Health	Sleep Medicine
Family Medicine and General Practice	Oncology	
Gastroenterology and Hepatology	Palliative Care	

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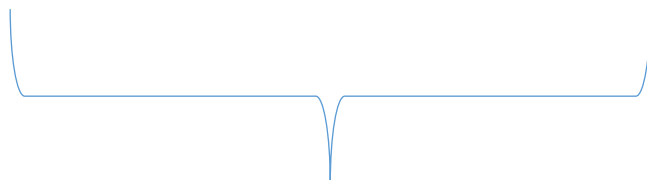
Calculators

مقیاس ها هم بصورت موضوعی و هم بصورت الفبایی و هم با جستجو قابل دسترسی است.

The screenshot shows the UpToDate website interface. At the top, there is a navigation bar with 'Contents', 'Calculators', and 'Drug Interactions'. A search bar is present with the text 'Search UpToDate'. Below the navigation bar, there are buttons for 'View By Specialty' and 'List Alphabetically', along with a 'Search Calculators' input field. The main content area is titled 'ALLERGY AND IMMUNOLOGY CALCULATORS' and lists several categories: 'Clinical Criteria', 'Temperature unit conversions', 'Weight unit conversions', 'Medical Equations', 'Absolute eosinophil count', 'Conventional (gravimetric, imperial, US) unit to SI unit conversions: Chemistry and endocrine tests', 'Conventional (gravimetric, imperial, US) unit to SI unit conversions: Immunology lab values', 'SI unit to conventional (gravimetric, imperial, US) unit conversions: Chemistry and endocrine tests', and 'SI unit to conventional (gravimetric, imperial, US) unit conversions: Immunology lab values'. At the bottom of the page, there is a section for 'ANESTHESIOLOGY CALCULATORS' with a 'Clinical Criteria' link. An 'Activate Windows' watermark is visible in the bottom right corner of the screenshot.

Drug Interactions

تداخلات دارویی و تعیین درجه خطر آنها



lib.utdo.ir/drug-interactions/?source=responsive_home#di-analyze

UpToDate®

Lexicomp® Drug Interactions

Add items to your list by searching below.

Enter item name

ITEM LIST

Clear List Analyze

– Cordran

Display complete list of interactions for an individual item by clicking item name. Add another item to analyze for potential interactions.

NOTE: This tool does not address chemical compatibility related to I.V. drug preparation or administration.

X	Avoid combination	C	Monitor therapy	A	No known interaction
D	Consider therapy modification	B	No action needed	More about Risk Ratings	

6 Results Print

X	Cordran (Corticosteroids) Aldesleukin	راهنمای درجه خطر
D	Cordran (Corticosteroids) Hyaluronidase	
C	Cordran (Corticosteroids) Corticoirelin	
C	Cordran (Corticosteroids) Deferasirox	
C	Cordran (Corticosteroids) Ritodrine	
B	Cordran (Corticosteroids) Beta2-Agonists	

DISCLAIMER: Readers are advised that decisions regarding drug therapy must be based on the independent judgment of the clinician, changing information about a drug (eg, as reflected in the literature and manufacturer's most current product information), and changing medical practices.

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موفق باشید.